



REFLEX Testing		
	Right	Left
Biceps reflex (C5, C6)		
Brachioradialis reflex (C5, C6, C7)		
Extensor digitorum reflex (C6, C7)		
Triceps reflex (C6, C7, C8)		
Patellar reflex or knee-jerk reflex (L2, L3, L4)		
Ankle jerk reflex (Achilles reflex) (S1, S2)		

Grade	Response
0+	No response or absent reflex
1+	Trace or decreased response
2+	Normal response
3+	Exaggerated or brisk response
4+	Sustained response

Myotome Testing															
Shoulder Abd (C5)	Elbow Flex (C5,6)	Elbow Ext (C7)	Wrist Flex (C8)	Wrist Ext (C7)	Finger Flex (C8)	Finger Ext (C7)	Finger Abd (T1)		Hip Flexion (L1,2)	Hip Extension (L5, S1)	Knee Flex (L5, S1)	Knee Ext (L3,4)	Ankle DF (L4)	Ankle PF (S1,2)	1 Metatarsal Ext (L5)
								Grade 5: Pt can hold the position against max resistance and through complete ROM							
								Grade 4: Pt can hold the position against strong to moderate resistance and has full ROM							
								Grade 3: Pt can tolerate no resistance but can perform the movement through full ROM							
								Grade 2: Pt has all or partial ROM in gravity eliminated position							
								Grade 1: The muscle can be palpated while in gravity eliminated position							
								Grade 0: No Contractile activity							

Clinical Notes: